

1. Delaware Water Gap National Recreation Area

Become a Junior Ranger! Hike the New Jersey Side Trails then learn about American History at Millbrook Village. Go fishing or paddle around the park. Look out for bald eagles. Camp overnight.

2 Island Beach State Park

Visit the Aeolium Nature Center to learn about nature in the park then hike the Bird Blind Trail. View Barnegat Lighthouse, go canoeing or kayak or swim in the ocean.

3. High Point State Park

Go on a steam hike with a naturalist. Hike the Cedar Swamp Trail then find the High Point monument and take in the view. Go swimming or fishing in Lake Marcia.

new jersey parks for kids

4. Ringwood State Park

Check out all the flowers and learn their names in the botanical gardens, look for the waterfalls and hike the Hasenclever Iron Trail. Go fishing or swim in Shepherd Lake.

5 Allaire State Park

Ride the Pine Creek Railroad then hike along the Manasquan River and look for wildflowers. Go fishing, canoeing and camp overnight. In the summer, visit the living history museum.

6. Morristown National Historic Park

Become a Junior Ranger! Hike the Blue Trail for a great view from the top of Mt. Kemble. Relive the past in a living history museum then watch the video at the Jockey Hollow Visitor Center. Go for a bike or horseback ride.

7. Liberty State Park

View the New York skyline and the Statue of Liberty and kayak in the Hudson Bay Estuary. Have a picnic, ride your bike, or go crabbing! Visit the Liberty Science Center and ferry to Ellis Island. Learn about the historic railroad and discover the local environment at the Interpretive Center





- Atlantic City has the longest boardwalk in the world, which also inspired the popular board game Monopoly.
- The first submarine was tested on the waters of the Passaic River.
- The first competitive baseball game played with modern rules occurred in Hoboken.
- Thomas Edison National Historic Park showcases the inventor's estate where he created the lightbulb, motion picture camera, and sound recordings.





